



South Shepparton Community Centre Inc.

11 Service Street, Shepparton

We have great activities and classes every weekday

Monday

Herb & Cottage Plant Group; 11:30AM
Meets on the 2nd Monday of the month. This is a monthly fellowship group with an accent on herbs and other plants. \$2 per session

Learn Apple (iPad/iPhone); 1:30PM
Learn how to use your IOS device to its full capabilities. \$5 per session

Garage Sale; Open Monday to Friday 10am to 2pm. Come in and find yourself a bargain.

We will also welcome back Monthly Mysteries in 2021, contact us to find out more.

Tuesday

Playgroup; 10:00AM
Come along with your child aged 0-5 for a morning of fun. \$2 per session.

Basic Computers; 11:00AM
Learn about files, email, word and the internet. 10 week course.

Learn Android (Smartphone/Tablet); 11:00AM
Learn how to personalise and use your android device. \$5 per session

Feed a Family on a Budget; 1:00PM
Learn and discuss cooking and tips to cut the cost of feeding yourself /your family. Bookings Essential

Learn to Sew; 1:00PM
Learn all about sewing. For both beginners and the more advanced. \$10 per 2 hour session.

Wednesday

Game Time; 10:00AM
Come and play a variety of Board/Card games while you meet new people. \$2 per session.

Creativity Class; 10:00AM
Come and meet new friends, try new crafts, puzzles or just chat. All ages and abilities are welcome to join in or bring their own knitting, crochet or other activity. \$5 per session

Australian Citizenship Practice
Do you need help to learn the Citizenship Test content? Come along and begin to learn the important information you need to pass the test. Contact 5821 6172 for details. \$5 per session.

Grow; 1:00PM
A weekly peer support group for mental wellbeing. Call 0417 102 150 or 9528 2977 for more information.

Thursday

Mosaic Thursdays; 10:00AM
Learn to create a mosaic masterpiece by learning how to work with mosaics and how to design your own masterpiece; cut tiles, grout and complete your project. \$5 per session.

Live, Love, Laugh; 10:00AM
This friendship group meets for ten weeks throughout the term. Sessions include a variety of guest speakers and activities all in a relaxed and friendly environment. \$5 per session.

Healthy Connections; 12:00PM
Come along to this group and learn more about your community. This group is about making new friends and general advice to help you connect with your community. \$5 per session.

Music Time; 2:00PM
A casual music session with Sharon. Come along to sing, play your instrument and occasionally dance. \$5 per session.

Friday

Family History; 10:00AM
Join our friendly group with others who are also learning how to find out more about their family history. \$5 per session.

Variety Art & Craft; 10:00AM
Come along for a morning of craft of your choosing. Choose from many types of craft such as mosaics, clay, or anything you wish to create. \$5 per session.

Learn Android (Smartphone/Tablet); 12:30PM
Learn how to personalise and use your android device. \$5 per session

Basic Computers; 1:00PM
Learn about files, email, word and the internet. 10 week course.

Various Days

English; Conversational and Basic
This class will help those who understand English and want to practice developing their conversational skills, as well as those who need to learn the English basics.

Develop Your Job Skills; 10 week course
This pre-accredited course can help you get job ready. Skills such as intermediate computer skills, experience in our Op Shop, customer service skills, preparing for interviews or looking for work.

Resume Revamp
We will help you create a Resume to gain employment, even if you are new to Australia. Bookings are essential.

Sam Sam Psychologist
Focused psychological and relaxation strategies as well as behavioural interventions. Appointments may be bulk billed. Please call 0468 468 489.

Services

Shepparton Food Share; If you need food for you and your family, you can contact us for assistance.

Community Room; Come and use our Community Room to relax and have a cuppa. Get out of the heat, rain or cold or just sit and relax for a moment.

Money Minded; We have a facilitator who can assist you with your budget. All meetings confidential. Bookings are essential. Cost is \$5 per session.

Red Cross /Eclipse First Aid; First Aid courses available through Red Cross or Eclipse, please contact the Red Cross on 1300 367 428 or Eclipse at www.eclipseeducation.com.au

Meditation & Spiritual Development or Tarot; Learn the value of meditation, spiritual development and tarot. Contact 0417523082 for more information.

Coeliac Support Group; A bi-monthly group which meets to provide support and information for people with Coeliac Disease. For more information including times and dates of the next meeting please contact 0408189644.

We also offer Room Hire, Computer Use, Wi-Fi, Printing, Photocopying. Shredding and much more. Contact us to see if we can help you or jump on Facebook and like our page to keep up to date with what is happening or visit www.southcom.org.au
All programs and activities will run subject to changes in COVID restrictions.

Ph. 5821 6172 or Email: administrator@southcom.org.au

