South Shepparton Community Centre is excited to be able to offer the following from Monday October 5th, 2020. Other activities will commence as restrictions ease, so keep an eye out for what we're offering. In the meantime come in and enjoy some of the following.

11 Service Street Shepparton
Ph: 5821 6172
administrator@southcom.org.au



Learn Apple

Bring your iPad/iPhone or use the Centre's iPads to learn the functions of IOS devices.
Functions such as mail, contacts, general use, navigation, personalisation and more.
Monday 1:30pm to 2:30pm
Cost: \$5 per session

Foodshare

If you need food for you and your family, you can contact us for assistance. For further information please contact us on 58 216172

Monday to Friday
9am to 2:30pm

Citizenship Practice

Do you need help to learn the Citizenship Test content? Come along and begin to learn the important information you need to pass the test.

Various Days
Cost: \$5 per session

Outdoor Social Morning

A morning to socialise with others. Remember to call and book as numbers are capped at 10 people.

Thursdays 10am
Bookings Essential

English

This class will help those who understand English and want to practice developing their conversational skills, as well as those who need to learn the English basics.

Various Days
Cost \$5 per session

Learn Android

Learn how to use your smartphone or android device functions, personalisation and general use of your device as well as anything else you would like to know to use your device.

Tuesday's 11am to 12pm
Friday's 12:30pm to 1:30pm
Cost: \$5 per session

Grow

Grow is a weekly peer support group for mental wellbeing using a proven program to work on issues of depression, anxiety, social isolation, grief and loss etc. Call 0417 102 150 or 9528 2977 for more information.

Wednesday 1pm to 3pm

Cost: Free

Basic Computers

Learn how to use a computer by learning the basics such as: file/folder storage, email, the Internet and Microsoft word. Consisting of 20 sessions, over 10 weeks.

Tuesday's 11am to 12pm

Fridays 1pm to 2pm

Cost \$100

Holistic Psychotherapy

& Counselling

Struggling through current times?
Need someone to talk to?
Spaces are limited so please
make sure you contact the centre
to book.









